

Father's Day

FHEasy Lesson Ideas

Scripture

“Verily, verily, I say unto you, ye must watch and pray always, lest ye be tempted by the devil, and ye be led away captive by him. ... Pray in your families unto the Father, always in my name, that your wives and your children may be blessed.” (3 Nephi 18:15, 21)

Music from *Children's Songbook* and *Hymns*

Daddy's Homecoming (*CS*, 210)

Teach Me to Walk in the Light (*Hymns*, 304)

When Grandpa Comes (*CS*, 201)

Children's Songbook songs about fathers (208–211)

Quote

“Every father in the Church should function as the patriarch of his home. He should take the lead in spiritually guiding the family. He ought not to delegate nor abrogate his responsibilities to the mother. ... Considering everything else that we do, the way we treat our wives could well have the greatest impact on the character of our sons. If a father is guilty of inflicting verbal or physical abuse in any degree on his companion, his sons will resent him for it, perhaps even despise him for it. But interestingly enough, when they are grown and marry, they are likely to follow the same pattern of abuse with their wives. There is an urgent need in our society for fathers who respect their wives and treat them with sweet, tender love. ... Every child needs to be disciplined. Not only do they need it; they expect it; they want it. Discipline gives direction and teaches self-control, but in all discipline there should be a sense of righteous judgment and pure love.” (F. Melvin Hammond, “Dad, Are You Awake?,” *Ensign*, Nov. 2002)

Scripture Stories

Lehi explains that Adam, the father of mankind, could not have had children in the Garden of Eden. Because of his and Eve's choice to eat the forbidden fruit, children were able to be born and they can experience joy in this life. (See 2 Nephi 2:19–25)

An angel appears to Alma the Younger and his friends. He says God has heard Alma's father's prayers and sent him, the angel, in response to his faith and prayers. He calls Alma the Younger to repentance. (See Mosiah 27:8–14)

Gospel Art Pictures

Adam and Eve Teaching Their Children (#5)

The Conversion of Alma the Younger (#77)

FHEasy: A Year of Weekly Teachings and Daily Devotionals — Christina Shelley Albrecht



Quotes about Fathers
<https://goo.gl/Tku6ky>



Video page on fathers
<https://goo.gl/qkBnaa>

Church History

The Lord covenanted with the childless *Abram*, whose name means “exalted father” in Hebrew, that he would have a son. The Lord changed Abram’s name to *Abraham*, meaning “the father of a multitude” (See BD Abraham). In 1835, Joseph Smith came across some Egyptian papyri and started translating them. The translation was first published in 1842 and later published as “The Book of Abraham” in *The Pearl of Great Price* in 1880. On LDS.org, it says:

This book ... recounts how Abraham sought the blessings of the priesthood, rejected the idolatry of his father, covenanted with Jehovah, married Sarai, moved to Canaan and Egypt, and received knowledge about the Creation. The book of Abraham largely follows the biblical narrative but adds important information regarding Abraham’s life and teachings. (LDS.org topic on the Book of Abraham, <https://goo.gl/573ZE9>. To learn more, go to <http://goo.gl/A1XKVp>. For videos, go to <https://goo.gl/oP0jOx> and <https://goo.gl/cf7tWm>.)

Adaptations for Younger Children

Quote

“I will honor my parents and do my part to strengthen my family.”
 (“My Gospel Standards”)

Lesson from *Behold Your Little Ones*

“My Family Can Be Together Forever” (Lesson 13, pages 56–59)

Faith in God

“List five things you can do to help around your home. Discuss the importance of obeying and honoring your parents and learning how to work.” (11)

Activity

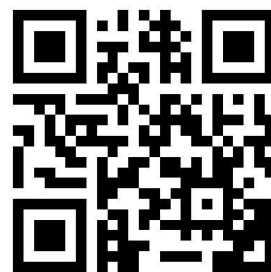
Make Father’s Day cards. You can make a card for the father in your family, your grandfathers, or male teachers and leaders your kids particularly like.

Write the letters F-A-T-H-E-R on a large paper and have the children think of things that describe their father that begin with each letter. Write their answers on the paper. For example:

- F – Funny
- A – Active
- T – Tall
- H – Happy
- E – Energetic
- R – Reader



Video Clip about the
Abrahamic Covenant
<https://goo.gl/fV7WzE>



Video clip about the
seed of Abraham
<https://goo.gl/cf7tWm>

Adaptations for Older Children and Teens

Quote

“Fathers, yours is an eternal calling from which you are never released. Callings in the Church, as important as they are, by their very nature are only for a period of time, and then an appropriate release takes place. But a father’s calling is eternal, and its importance transcends time. It is a calling for both time and eternity. ... [Fathers,] you have a sacred responsibility to provide spiritual leadership in your family.” Ezra Taft Benson, *Teachings of Presidents of the Church: Ezra Taft Benson*, 194)

“Husbands and fathers in Israel, you can do so much for the salvation and exaltation of your families! Your responsibilities are so important. ... Your homes should be havens of peace and joy for your family. Surely no child should fear his own father—especially a priesthood father. A father’s duty is to make his home a place of happiness and joy. ... The powerful effect of righteous fathers in setting an example, disciplining and training, nurturing and loving is vital to the spiritual welfare of [their] children.” (Ezra Taft Benson, *Teachings of Presidents of the Church: Ezra Taft Benson*, 195–196)

Preach My Gospel

Chapter 12 “How Do I Prepare People for Baptism and Confirmation?” 203–212

Personal Progress

Divine Nature#5 – “Obedience is an attribute of the Savior. Strive to be more obedient to your parents. ... Treat your parents with respect and kindness.” (24)

Divine Nature, personalized value experience – Complete *Divine Nature* value experiences #1 and 2 and then do parallel activities focusing on studying divine qualities of a *son* of God, learning about divine masculine qualities, and increasing in your appreciation for righteous manhood. (22, 25)

Duty to God

“Read: ‘The Family: A Proclamation to the World,’ [on page 107] and identify your role as a future husband and father.” (55)

Activity

Have everyone quickly write down their five favorite characteristics about their dad, their grandpa, or a favorite male teacher or friend. Then have everyone quickly write down five memories of their dad (or other chosen man). Finally, have everyone list five things they’ve learned from their dad (or whoever). Make a poster that includes some or all of what everyone wrote down. Invite everyone to write a letter to their dad (or other chosen man) and include some or all of what they wrote down in the activity.

Daily Scriptures

Sunday

“Verily, verily, I say unto you, ye must watch and pray always, lest ye be tempted by the devil, and ye be led away captive by him. . . . Pray in your families unto the Father, always in my name, that your wives and your children may be blessed.” (3 Nephi 18:15, 21)

Monday

“Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.” (Exodus 20:12)

Tuesday

“My son, hear the instruction of thy father, and forsake not the law of thy mother.” (Proverbs 1:8)

Wednesday

“My son, despise not thou the chastening of the Lord . . . for whom the Lord loveth he chasteneth. . . . If ye endure chastening, God dealeth with you as with sons; for what son is he whom the father chasteneth not? . . . Furthermore we have had fathers of our flesh which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits? . . . He [chasteneth us] for our profit, that we might be partakers of his holiness.” (Hebrews 12:5–7, 9–10. The footnote for the word “chasteneth” says “correction, instruction”. Reread the scripture and substitute the word “chasteneth” for “correcteth” and “instructeth”.)

Thursday

“The angel said [to Alma the younger]: Behold, the Lord hath heard the prayers of his people, and also the prayers of his servant, Alma, who is thy father; for he has prayed with much faith concerning thee that thou mightest be brought to the knowledge of the truth; therefore, for this purpose have I come to convince thee of the power and authority of God, that the prayers of his servants might be answered according to their faith.” (Mosiah 27:14)

Friday

“Children, obey your parents in the Lord: for this is right. . . . And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord.” (Ephesians 6:1, 4)

Saturday

“I give unto you a commandment, to teach [the gospel] freely unto your children.” (Moses 6:58)